

# WEEK 10 DEVOTIONAL HUMILITY

#### **RECEIVE**

Slowly. Prayerfully, read out loud **Philippians 2:1–11**. Before and after each reading, pause for a moment of silence. In that silence prayerfully ask the Spirit of Christ to guide you into knowing and living what you are receiving from the Scripture. Consider what God want you to reflect upon and learn?

#### REFLECT

- 1. What is one idea from the message that captured your attention?
- 2. When you hear the word humility, what comes to mind? How would you define it?
- 3. What are the four motivations for unity that Paul lists in verse 1? How do these motivations relate to humility?
- 4. From Philippians 2, what do you think Paul means by selfish ambition and vain conceit? How can these attitudes be barriers to humility?
- 5. What does this look like to consider others better than yourself in practical terms? Share or journal about a time when you saw someone demonstrate humility in this way.
- 6. How does Jesus' example of humility contrast with the world's view of power and greatness?
- 7. It says Jesus "made Himself nothing, taking on the very nature of a servant." What does this teach us about the nature of true humility? When is this most challenging for you?

- 8. Jesus humbled Himself by becoming obedient to death—even death on a cross. What is the significance of Jesus' obedience and sacrifice in understanding humility?
- 9. What is helpful from this thought from C.S. Lewis, "Humility is not thinking less of yourself, it's thinking of yourself less."

### **RESPOND**

Referring back to Paul's specific instructions, journal or share specific ways you can live more humbly this week with your family, at your work and with your friends. What will be your biggest challenge? What will be easier for you?

#### REMEMBER

Memorize Philippians 2:1-8

#### **SCRIPTURE**

## Philippians 2:1–11 | New International Version (NIV)

Therefore if you have any encouragement from being united with Christ, if any comfort from His love, if any common sharing in the Spirit, if any tenderness and compassion, then make my joy complete by being like-minded, having the same love, being one in Spirit and of one mind. Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.

In your relationships with one another, have the same mindset as Christ Jesus: Who, being in very nature God, did not consider equality with God something to be used to His own advantage; rather, He made Himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, He humbled Himself by becoming obedient to death—even death on a cross!

"Therefore God exalted Him to the highest place and gave Him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father."